Focussing on Excellence & Success

OCTOBER 2019

NEWSLETTER

BOSSLEY BIZ

Bossley Park High School

Upcoming Dates

31st October and 1st November
What’s Up West? Conference

14th November
Year 6 – 7 Transition Support Program

15th November
Special Ed Plus 2 Reward Day

16th – 17th November
Fairfield Relay for Life

20th November
Year 12 Formal

21st November
White Ribbon Walk

3rd – 4th December
Year 6 – 7 High School Program

5th December
Plus 2 Excursion to Jamberoo

9th December
Year 9 Team Building Day

10th December
Plus 3 Reward Day

Year 12 Graduation at Marconi

Goodluck with your HSC exams Year 12

Bossley Park High School
Year 12 Graduation Day

At the end of last term we had our first ever Year 12 graduation at Club Marconi. It was a wonderful celebration of student achievement to mark the end of 13 years of schooling. We had made this decision to move the event to a larger venue so that we could cater for the increasing number of carers and families wanting to attend the graduation. We had planned and anticipated seating for 1000 guests including Year 12 students and teachers and yet we still exceeded this number by far. Next we will attempt to book the larger venue at Club Marconi so that we can have all guests comfortably seated.

Congratulations also to all the Year 12 students that were acknowledged for their achievements this year including academic 1st-3rd in a course, leadership, sporting, school service, plus 3 and volunteering achievements. I would like to also acknowledge and congratulate the overall DUX for Year 12 2019 was Riley Piscopo; 2nd in Year 12 Bianca Longo and 3rd in Year 12 Tara Magri.

Year 12 students have now begun their Higher School Certificate examinations which will continue for the first five weeks of Term. I wish all our students the very best and encourage them to work hard to the end so they can feel satisfied they gave themselves the best chance to do well. Final results will be available to students on Thursday 17th December 2019.
Mr Mai is appointed to Bossley Park High School

Mr Mai is a visual arts teacher with outstanding skills in photography and digital media. He also is a member of the Wellbeing team as Year Adviser for Year 10 and leads the design and production of our monthly school newsletter. He has been responsible for lifting the quality of our newsletter and I personally think he does amazing work each month to showcase the school. Mr Mai is now a permanent member of our staff and we are thrilled to have his expertise in teaching and learning at our school.

New Year 7 students for 2020

This term Ms Roby, HT Learning Support, will lead the transition program for our incoming students – all 230 students for 2020. I would like to welcome all our new students and look forward to working closely with families and carers to ensure a successful and happy transition into high school life. Orientation day for parents and students will be Week 8 of Term on Tuesday 3rd December from 3.30pm in the MPC. High School orientation day for students only will be during the day on Tuesday 3rd- Wednesday 4th December. The Year 7 Advisers for 2020 will be introduced to students during orientation. They are Ms Weir – she is our Teacher Librarian and Mr Bian he is our English and Learning Support teacher. They will be already working with schools and students throughout the year to start the process of knowing their students.

Volunteers Wanted

Due to the increase in customer traffic over the busy back to school period we’re looking for in-store parent volunteers to assist families with school uniform purchases.

Can you help? To apply please email Sandra.Mckechnie@theschoollocker.com.au
This time of the school year has a strong focus on assessments. Years 7 to 10 students will be completing assessments (exams) in the coming weeks. These results will be used by teachers when completing End of Year Reports. Year 10 results will be used to finalise RoSA grades. Year 11 have now moved into the HSC year and will be completing HSC assessments across all courses this term. We expect all students to be fully prepared for every assessment task in all their subjects. This will then be reflected in the results they achieved.

We have had a big year with our PBL program. Our reward days each term continue to grow and the focus on establishing consistent SRL expectations across all areas of the school resulted in the development of posters being displayed in every classroom. However, the icing on the cake has been the poles and signage being displayed around the school. This has been a long term project and we thank Ms Iaali for her outstanding management throughout the journey. See below:

There are many events coming up for Year 7 this term including Gala Days, Swim School and Plus 2 and Plus 3 events. I encourage all students to make sure they are attending every day to avoid missing out. Reminder also that Yearly Examinations will commence as of Week 3 and students should be actively revising all their work by making notes of key concepts, creating mind maps and tables to help organise their thoughts. Teachers will be doing some in class mind maps and tables to help organise their work by making notes of key concepts, creating mind maps and tables to help organise their thoughts. Teachers will be doing some in class interest (EOI) forms in as soon as possible.

Year 7
Year 7 have been doing some great things this year and I’m pleased to read all the comments being returned on the recent Recognition letters that were sent home. I’m also pleased to see our newly elected Year 7 SRC representatives getting involved in the decision-making process and lots of events around the school.

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Year 10
Year 10 students exams are also commencing Week 3 and we have emailed home a copy of the Study Skills Toolkit. A reminder if students still have outstanding work and have been issued an N warning letter they are required to stay back on Tuesday afternoon and attend the Homework centre to get the work completed. If they cannot attend Tuesday they can see me to arrange another afternoon. We have had a lot of requests by students to do work experience this term, they need to see Ms Chehade the Careers adviser and this will only be approved for the period after the exams that is from the 18th of November onward. Students wishing to attend TAFE next year must get their Expression of Interest (EOI) forms in as soon as possible.

Term 3 recognition letters for Year 11 saw 25% of students receive recognition for all their courses. It was also pleasing to see over 50% of students receive recognition in all but one course. 25% of students received recognition in 4 or less courses which reflects a level of improvement is needed. These trends were emphasised at a recent year meeting. As Year 11 have now started the HSC course, producing their best efforts at all times is vital. 90% attendance standard is expected and will maximise learning potential. Active engagement in the classroom together with home study are also important senior student learning traits. Finally, maximum performance in assessment tasks will contribute greatly to gaining a quality HSC result. N warnings will continue to be issued for poor class and assessment tasks efforts.

In closing, what makes Bossley Park a great school? Wonderful staff, fantastic students, supportive parents, and community.
Year 9
The Yearly Examination period begins in Week 3 28th of October and concludes at the end of Week 4 on the 8th of November. It is extremely important that students prepare effectively for these exams in order to achieve their best. Devising a study plan is an effective way to ensure that students are well prepared for the exams within all of their courses. Students should also practise answering questions similar to questions that will be asked in their exams. Practise makes perfect.

Year 9 have a Team Building Day on the 9th of December, where students will develop important skills that will assist them in working effectively with others and which will build their capacity to form productive and functional teams. These skills which enhance an individual’s ability to work in a team are essential skills required by all employees in the workplaces of the future. In order to ensure your child can participate in this day and attain these skills we request that parents pay their child’s school fees (wellbeing fee) and return the permission note as soon as possible.

Congratulations to Angus McCarthy who attended ACYP Children’s Parliament to represent the area of Prospect. He had the opportunity to present to Members of Parliament about his chosen topic: Climate Change, and to inform them of the seriousness of this issue and to persuade them to devise and implement policy that will take effective action on climate change.

Year 12
The Year 12 Graduation was held at Club Marconi on Thursday 26th of September in the Colosseo Auditorium. It was the first year that Bossley had broken from tradition and held the Graduation in a venue other than our MPC. This move was designed to provide greater access and levels of comfort for parents, relatives and friends of Year 12 students graduating from BPHS in 2019.

The evening was an amazing celebration of the achievements of Year 12 2019. More than one thousands guests joined the celebration and despite the larger venue we may need to consider an even larger venue next year. A huge thank you to Ms Sari, Ms Chehade, Mr Hollis, Ms O’Connor and Mr Nguyen for their outstanding organisation of this event.

The HSC Exams are upon us and all of that hard work in classes and endless hours of study and preparation at home are about to pay off. Good luck to all of Year 12 in your exams and remember that balance and moderation are the keys to achieving your best. Make sure that you are sleeping enough, eating well and making time for yourself with regular breaks from studying. A quality preparation will alleviate stress and this will allow you to perform to your potential.

Students who experience illness or misadventure during the exams must complete a NESA illness and misadventure application form, which can be accessed through my office. Students with an ATAR pattern of study can also apply for EAS consideration through the UAC website. If any student is unable to attend an exam it is important that they make contact with the school as soon as possible to inform us of this absence.

The Year 12 Formal is fast approaching and will be held at the La Montage in Lilyfield on the 20th of November from 6:30 – 11pm. This evening is sure to be memorable and a chance to celebrate with the HSC exams in the rear-view. However, remember that this event is still a school event and the high expectations that we have for students at BPHS are still expected at this event. An enormous thank you to Ms O’Connor and Mr Nguyen again for their outstanding organisation of this event.

On Friday 20th September 2019, sixty Year 12 Plus Two students ventured to Luna Park. The day began at 8.30 am meeting at Fairfield train station where students then embarked the trains and made the long journey to Milsons Point. The students arrived eagerly at 10.00 am and entered the rides at 10.30 am. The first ride that caught the attention of Year 12 was the bumper cars, where many lined up awaiting the roller doors to open to show off their driving skills.

Overall, the weather held out and even though the clouds loomed, the day was filled with fun and a last chance for Year 12, Plus Two students to gather together and be rewarded for their contributions, behaviour and effort they have demonstrated at school over the past year.

Congratulations and farewell Year 12 of 2019. We wish you the best of luck with your HSC exams.
Wellbeing Update

How headspace can help

headspace is here to help

headspace centres across Australia provide face-to-face information, support and services to young people, aged 12 to 25 years, and their families and friends.

headspace can help you with:

- Mental health and wellbeing
- Alcohol and other drug services
- General health
- Work, school and study

headspace centres help you to access the type of health worker you need. This could be a GP, psychologist, social worker, alcohol and drug worker, counsellor, vocational worker or youth worker. A number of centres also have Aboriginal and Torres Strait Islander health workers, welfare workers and family therapists. You can visit a headspace centre no matter how big or small your problem may seem.

Making an appointment at headspace

It’s as simple as phoning or emailing your nearest headspace centre to find a time that suits you. You can also ask a friend, teacher, parent, other family member, health worker or community agency to contact headspace for you.

Your local headspace centre might also have a ‘drop in’ service where you can visit anytime in their visiting hours. Call your nearest headspace centre or check out headspace.org.au to find out more about what services are available.

Aged between 12-25 years?

headspace can help if you:

- Are feeling down, stressed or can’t stop worrying
- Don’t feel like yourself anymore
- Can’t deal with schoolwork or work or are finding it difficult to concentrate
- Are feeling sick or worried about your health
- Have questions about, or want to cut down on alcohol or other drug use
- Want to talk about sexuality, gender identity or relationships
- Are having difficulties with your family or friends
- Have sexual health issues or want information about contraception
- Are being bullied, hurt or harassed
- Are worried about work or study or if you’re having money trouble
- Need someone to talk to.

Getting support can help you to keep you on track at school, work, or study, and in your personal and family relationships. The sooner you get help the sooner things can begin to improve for you.

headspace centres

Online and telephone support is also available through eheadspace. (There is more information about eheadspace over the page.)

Cost

Services at a headspace centre are either free, or have a low cost. You can ask if there is a cost when you make your appointment.

Some services require you to have a referral from a doctor. But don’t worry; headspace can help you with this as well.

All headspace services are free but if you call from your mobile your usual call charges apply.

Confidentiality

When you talk to a headspace worker what you say is kept confidential. This means nothing you say can be passed on to anyone else without your permission however there are a few exceptions.

If headspace is seriously worried about your safety or the safety of someone else they must – by law – try to keep everyone safe.

This means they might have to share their concerns with someone else. Talk to your headspace worker about confidentiality to ensure you understand how it works.

Getting the help that’s right for you

When you talk with a headspace worker it’s important that you feel safe and comfortable – headspace will do its best to make sure this happens.

If you do not think your headspace visits are working out it’s important to ask yourself why. There could be a few reasons. It might be because it is hard to talk about what’s on your mind, or it might be that you and your worker are not the right fit. Either way, don’t give up.

Talk to your worker about how you are feeling and together you can find a way forward.

Appointments at a headspace centre can vary in length but are usually 50 minutes to an hour.

It’s okay to feel nervous about getting help for the first time. It can be helpful to bring along a family member, carer or friend to help support you.

You’ll probably be asked a lot of questions on your first visit. This is to make sure that all the important issues are covered, and to help develop the best solution for you. As you get to know and trust your headspace worker you will probably find that talking about what is going on gets easier.

The appointment is your time. Feel free to ask questions about anything that’s on your mind so the headspace worker can help you find the best solution, or find the information that you need. It also helps the headspace worker to understand what is worrying you.

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Fact sheets are for general information only. They are not intended to be and should not be relied on as a substitute for specific medical or health advice. While every effort is taken to make fact sheets as accurate as possible, we disclaim all responsibility and liability for any direct or indirect loss, damage, cost or expense whatsoever in the use of or reliance upon this information.
**LUNCH MENU**

**Served Daily – Recess 2 & Lunch**

**DAILY SPECIALS:** On Rotating Basis

<table>
<thead>
<tr>
<th>HOT FOOD</th>
<th>DRINKS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pasta Napoletana</td>
<td>Water</td>
</tr>
<tr>
<td>Lasagne</td>
<td>Sparkling Water</td>
</tr>
<tr>
<td>Cheese Tacos</td>
<td>Mineral Water 500ml</td>
</tr>
<tr>
<td>Fried Rice</td>
<td>Milk 300ml</td>
</tr>
<tr>
<td>Pulled Pork Plate</td>
<td>Milk 600ml</td>
</tr>
<tr>
<td>Jacket Potatoes</td>
<td>Milk 1lt &amp; Emsley Choc, Coffee</td>
</tr>
<tr>
<td>Meatball Sub</td>
<td>Milk 300ml Emsley Choc, Coffee</td>
</tr>
<tr>
<td>Toasted Cheese Wrap</td>
<td>100% South - Orange / Apple / Apple/BCurrent</td>
</tr>
<tr>
<td>Toasted Ham &amp; Cheese Wrap</td>
<td>CLEE -</td>
</tr>
<tr>
<td>Chicken Steak</td>
<td>Up &amp; Go - rice / Vanilla</td>
</tr>
<tr>
<td>Hot Corn Cup</td>
<td>Blizzard Slurpee 12.80 E</td>
</tr>
<tr>
<td>Smoothie</td>
<td>Waterhose - Sparkling water – Passionfruit</td>
</tr>
<tr>
<td>Veggie Burger</td>
<td>10.00</td>
</tr>
<tr>
<td>Meat Pie</td>
<td>$4.50 E</td>
</tr>
<tr>
<td>Sausage Roll</td>
<td>2.50 E</td>
</tr>
<tr>
<td>Pizza Rounds</td>
<td>2.50 E</td>
</tr>
<tr>
<td>Chicken Caesar Salad</td>
<td>2.50 E</td>
</tr>
<tr>
<td>Caesar Bread</td>
<td>2.50 E</td>
</tr>
<tr>
<td>*2 min sodas</td>
<td>2.00</td>
</tr>
<tr>
<td>Sauce</td>
<td>2.00</td>
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</tbody>
</table>

**SANDWICHES:** Rolls Extra 50c

- *Vegetable / Jam / Honey* $2.00 E
- *Cheese* $2.00 E
- *Tuna & Tomato* $2.00 E
- *Cheese & Tomato* $2.00 E
- *Ham & Cheese* $2.00 E
- *Ham, Cheese & Tomato* $2.00 E
- *Ham & Cheese & Pineapple* $2.00 E
- *Egg, Lettuce & Mayo* $2.00 E
- *Chicken Lettuce & Mayo* $2.00 E
- *Salad* $2.00 E
- *Ham & Salad / Cheese & Salad* $2.00 E

Each Additional Filling or Wrap is also available via FAST PASS

**FRESH FOOD FACTORY**

- Sausage & Egg Muffin $4.00 E
- Manchego $3.00 E
- Ham & Cheese Rolled Wrap $3.50 E
- Green Toast $3.50 E
- Phyllo: Cinnamon French Toast $3.50 E
- Ham & Cheese Roll $3.50 E
- Toast – Vegemite or Jam $3.00 E

**FRESH FOOD FACTORY**

- Canned Cups – Weetbix / Mills / nuts / granola / cereals $2.00 E
- Canned cup with milk (in above) $2.00 E
- Mornong Muesli $3.00 E
- Apple Dip $3.00 E
- Watermelon Cup $3.00 E
- Grapes Cup $3.00 E
- Fruit Salad & Yogurt $3.50 E
- Custard Cup $1.50 E
- Fresh Sandwiches / Roll Selections

**DRINKS**

- Water $1.40 E
- Sparkling Water $1.40 E
- Plain Milk 300ml $2.00 E
- Plain milk 600ml $2.50 E
- Milk 300ml Emsley Choc, Coffee $3.50 E
- Milk 600ml Emsley Choc, Coffee $3.50 E
- 100% South – Orange / Apple / Apple/BCurrent $3.50 E
- CLEE – (w/ Ashton) $3.50 E
- Up & Go – rice / Vanilla $3.50 E
- Blizzard Slurpee $2.80 E
- Waterhose – Sparkling water – Passionfruit $1.00
- Hot Chocolate $2.50 E

**SMOOTHEE OF THE WEEK**

- $1.00 E

**FRESH FOOD FACTORY**

**Canteen Hours**

- Breakfast – 8:15 am
- Recess 1 – 10:10 to 10:25 am
- Recess 2 – 11:45 to 12:00pm
- Lunch 1 – 1:15 to 1:45 pm

**FRESH FOOD FACTORY**

**BREAKFAST**

**Served Daily- from 8:15am & Recess 1**

**FRESH FOOD FACTORY**

- Water $1.40 E
- Sparkling Water $1.40 E
- Plain Milk 300ml $2.00 E
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**SMOOTHEE OF THE WEEK**

- $1.00 E
HSC Studio Intensive at National Art School

Year 11 Eisis Sacdalan has been attending the HSC Intensive Studio Practice course at the National Art School. This equates to an extra unit of Visual Arts on her HSC in 2020. The intensive studio practice program required her to attend one week during the July and October holidays. She chose to work in the area of ceramics to complete a highly refined body of work, demonstrating sophisticated use of hand building techniques and interesting surface treatments.

Eisis has been part of the gifted and talented Visual Arts program for many years, showing an outstanding work ethic and high level of commitment in all of her artmaking. As a result, she was nominated to take part in this course at NAS, to provide her with the opportunity to further extend her artmaking skills.

The Visual Arts faculty invite you to attend *Artfullness*, an exhibition showcasing the student works at Bossley Park HS. Opening night is Friday 6pm - 25th October at UWS Bankstown.
**SPORT NEWS**

by Mr Vekic (Sport Organiser)

**TFP INDUCTION DAY**

The Talented Football Program staff held an Induction Day for next year’s intake of TFP students. The morning session was held in the classroom and structured around team-building and key attributes of being a leader and team player. We are strong on creating a positive learning environment both on and off the park and the collaboration on show has hopefully set a great foundation for their start at Bossley in 2020.

The afternoon session was on the park where the players were put through a tactical session promoting the team work that had been discussed in the morning and recognising both verbal and non-verbal communication. A great day to end the term and an enjoyable day for all the staff involved.

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**HISTORY NEWS**

by Ms Curic (HT History)

**Year 7 History Update**

Our Year 7 historians have concluded their study of Vikings through a successful Medieval Day. Students participated in an interactive presentation on Viking weapons and warfare; following this, prizes were awarded for the best Viking costume creations, with Mr Navarra and Ms Dundovic leading by example as the best-dressed teachers.

Medieval-themed workshops were also undertaken. These included leather-making, stained-glass windows, shield design, Viking trivia and jousting. 7G students undertook investigative research into their heritage and designed a coat of arms for their family name. Some students were surprised to learn that their surname already had a coat of arms!

As an extension of their study, 7G students were further challenged to create an ICT magazine about the Vikings. Magazines featured news about the latest Viking raids, new technologies and weapons, and even crosswords to challenge readers! This project successfully combined student interests in History with other disciplines such as creative writing and technology. In term 4, Year 7 students will be learning about the Black Plague as a continuation of their Medieval History study.

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**Commemorating Our Anzac History**

On Wednesday 4th September, Bossley Park High School Captains and Vice-Captains attended Smithfield RSL to Commemorate the World War II Battle for Australia. Battle for Australia Day commemorates those who served on the home front in Australia in World War II, as well as those who fought on land, air and sea in battles in the Coral Sea and New Guinea.

This service commemorated an extremely symbolic era in Australia’s wartime history, as during World War II Australia was under direct attack from the Imperial Japanese Army. Students who attended this service lay a commemorative wreath on behalf of the school.

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**The Viking Times**

by Daniella, Lara, Emily and Georgia (7G)

**The Untold Truth About the Vikings and their way of life...**

Bloodthirsty or Civilised? Are Vikings who we really think they are?

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Dat Do, Ms Kuric, MP Hugh McDermott & Rane Moffatt

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Cirque Du Soleil excursion
By Ms Melville

During the most recent school holidays, ten lucky Year 9 students were given the opportunity to see the performance “Kurios - Cabinet of Curiosities” at the Entertainment Quarter in Moore Park. Kurios is about an ambitious inventor who defies the laws of time, space and dimension in order to reinvent everything around him. Suddenly, the visible becomes invisible, perspectives are transformed, and the world is literally turned upside down.

This amazing opportunity was provided by the team at South West Connect and Cirque du Soleil. The Year 9 girls travelled to Moore Park with 30 primary school students from Bonnyrigg Public School and Warwick Farm Public School. When they arrived at Moore Park, students took a walking tour of Moore Park to see the potential job opportunities available in the area of entertainment, sports and creative arts. We stopped at the Sydney Cricket Ground for some ice-breaker activities with our primary school buddies before moving to just outside the Big Top. Here, students participated in a “speed-dating” type activity where they provided the primary school students with advice and assistance about high school. They shared their experiences and eased the concerns of their new friends.

Before the show, students were provided with an extravagant dinner at Fratelli Fresh - full of pasta, pizza and dessert before heading into the Big Top for the show.

Thank you so much to Ampha, Nick and the team at South West Connect for obtaining these tickets and inviting our students along. It was such an amazing experience and something they won’t forget.

LANGUAGES NEWS
by Ms Perez

Our Year 7 Spanish students have just completed a Unit on ‘Bringing People Together’. What brings people together all around the world? Food, of course! Students researched, designed and created their own Spanish-language menus, specialising in one region from the Spanish-speaking world. Students presented menus for Mexican food trucks, high-end Spanish degustation restaurants specialising in seafood, dessert bars overflowing with dulce de leche, Peruvian kitchens with a house specialty of guinea pig, and everything in between!

Students then presented role-plays in Spanish. Using the menus they had designed, each group delivered a short performance, arranging to meet and then ordering food in a restaurant. This enabled students to demonstrate their command of present tense verbs to express preferences, moving from memorised words and phrases to building sentences in an authentic context.
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