

BOSSLEY BIZ NEWSLETTER

OCTOBER 2019

Upcoming Dates

31st October and 1st November What's Up West? Conference 14th November Year 6 – 7 Transition Support Program 15th November Special Ed Plus 2 Reward Day 16th - 17th November Fairfield Relay for Life 20th November Year 12 Formal 21st November White Ribbon Walk 3rd – 4th December Year 6 – 7 High School Program 5th December Plus 2 Excursion to Jamberoo 9th December Year 9 Team Building Day 10th December Plus 3 Reward Day



Year 12 Graduation at Marconi



Goodbuck with your HSC exams year 12

Bossley Park High School



Principal's Report



Vera Chevell Principal - Bossley Park HS

Year 12 Graduation Day

At the end of last term we had our first ever Year 12 graduation at Club Marconi. It was a wonderful celebration of student achievement to mark the end of 13 years of schooling. We had made this decision to move the event to a larger venue so that we could cater for the increasing number of carers and families wanting to attend the graduation. We had planned and anticipated seating for 1000 guests including Year 12 students and teachers and yet we still exceeded this number by far. Next we will attempt to book the larger venue at Club Marconi so that we can have all guests comfortably seated.

Congratulations also to all the Year 12 students that were acknowledged for their achievements this year including academic 1st-3rd in a course, leadership, sporting, school service, plus 3 and volunteering achievements. I would like to also acknowledge and congratulate the overall DUX for Year 12 2019 was Riley Piscopo; 2nd in Year 12 Bianca Longo and 3rd in Year 12 Tara Magri.



Riley Piscopo, Bianca Longo, Tara Magri and Mrs Chevell

During the graduation ceremony we also publicly introduced and inducted our outstanding new School Captains and Vice Captains for 2020. This year we introduced a new 3 stage leadership process for the selection of School Captains. Interested students completed an initial application including their skills and abilities in leadership. The applications were evaluated based on a criteria that was shared with students. Successful students then proceeded to stage 2 of the process, which included an interview with a panel of school leaders, including current School Captains and teacher leaders and then the final stage involved students presenting a speech at the junior and senior assemblies where all students and staff could vote for their Captains. The total mark for all three stages was calculated to determine the leaders for 2020. This new process has been well received by the students as it increased the rigour, objectivity and high expectations that comes with the privilege and responsibility of being the School Captain.



Vice Captains: Peter Reppas & Emily Khochaba (left) Captains: Haylee Moiler & Nicholas Cavanaugh (right)

Year 12 students have now begun their Higher School Certificate examinations which will continue for the first five weeks of Term. I wish all our students the very best and encourage them to work hard to the end so they can feel satisfied they gave themselves the best chance to do well. Final results will be available to students on Thursday 17th December 2019.







Focussing on Excellence & Success

Principal's Report

Mr Mai is appointed to Bossley Park High School

Mr Mai is a visual arts teacher with outstanding skills in photography and digital media. He also is a member of the Wellbeing team as Year Adviser for Year 10 and leads the design and production of our monthly school newsletter. He has been responsible for lifting the quality of our newsletter and I personally think he does amazing work each month to showcase the school. Mr Mai is now a permanent member of our staff and we are thrilled to have his expertise in teaching and learning at our school.



Mr Mai

New Year 7 students for 2020

This term Ms Roby, HT Learning Support, will lead the transition program for our incoming students - all 230 students for 2020. I would like to welcome all our new students and look forward to working closely with families and carers to ensure a successful and happy transition into high school life. Orientation day for parents and students will be Week 8 of Term on Tuesday 3rd December from 3.30pm in the MPC. High School orientation day for students only will be during the day on Tuesday 3rd-Wednesday 4th December. The Year 7 Advisers for 2020 will be introduced to students during orientation. They are Ms Weir she is our Teacher Librarian and Mr Bian he is our English and Learning Support teacher. They will be already working with schools and students throughout the year to start the process of knowing their students.



Ms Weir



Mr Bian



Due to the increase in customer traffic over the busy back to school period we're looking for in-store parent volunteers to assist families with school uniform purchases.

Can you help? To apply please email Sandra.Mckechnie@theschoollocker.com.au







School Locker



Focussing on Excellence & Success

Deputy's Desk

Mrs Ager Deputy Principal - Years 7 & 10





Left to right: Lara Turic, Emily Barkho, Montana Newcombe, Amela Krak, Antonio Shamoon and Aaran Samujh

Year 7

Year 7 have been doing some great things this year and I'm pleased to read all the comments being returned on the recent Recognition letters that were sent home. I'm also pleased to see our newly elected Year 7 SRC representatives getting involved in the decision-making process and lots of events around the school.

There are many events coming up for Year 7 this term including Gala Days, Swim School and Plus 2 and Plus 3 events. I encourage all students to make sure they are attending every day to avoid missing out. Reminder also that Yearly Examinations will commence as of Week 3 and students should be actively revising all their work by making notes of key concepts, creating mind maps and tables to help organise their thoughts. Teachers will be doing some in class revision and the Homework centre is available Tuesday, Wednesday and Thursdays for additional support.

Year 10

Year 10 students exams are also commencing Week 3 and we have emailed home a copy of the Study Skills Toolkit. A reminder if students still have outstanding work and have been issued an N warning letter they are required to stay back on Tuesday afternoon and attend the Homework centre to get the work completed. If they cannot attend Tuesday they can see me to arrange another afternoon. We have had a lot of requests by students to do work experience this term, they need to see Ms Chehade the Careers adviser and this will only be approved for the period after the exams that is from the 18th of November onward. Students wishing to attend TAFE next year must get their Expression of Interest (EOI) forms in as soon as possible.



Deputy's Desk

Mr Stanley Deputy Principal - Years 8 & 11

This time of the school year has a strong focus on assessments. Years 7 to 10 students will be completing assessments (exams) in the coming weeks. These results will be used by teachers when completing End of Year Reports. Year 10 results will be used to finalise RoSA grades. Year 11 have now moved into the HSC year and will be completing HSC assessments across all courses this term. We expect all students to be fully prepared for every assessment task in all their subjects. This will then be reflected in the results they achieved.

We have had a big year with our PBL program. Our reward days each term continue to grow and the focus on establishing consistent SRL expectations across all areas of the school resulted in the development of posters being displayed in every classroom. However, the icing on the cake has been the poles and signage being displayed around the school. This has been a long term project and we thank Ms laali for her outstanding management throughout the journey. See below:



Year 8 and 11 Update

The Term 3 positive recognition letters for Year 8 have been completed. I am pleased to report that 63% students received positive recognition in 8





or more courses including 48 students gaining recognition in all 11 courses. 28% of students received between 5 and 8 course recognition while only 9% received recognition in 4 or less courses. This continues to be a positive trend. I spoke about this trend at our recent year meeting and congratulated the fantastic efforts by the students. I spoke at length how this trend can continue to be improved by outlining the importance of positive and respectful conduct, organisational skills, attendance/punctuality, engaging in class/group discussions, asking questions and developing home study patterns. With families and school continuing to work together, I am confident this trend will improve moving into Year 9. We love to hear from parents so I encourage parents to complete the feedback slip and return it to school with your child.

Term 3 recognition letters for Year 11 saw 25% of students receive recognition for all their courses. It was also pleasing to see over 50% of students receive recognition in all but one course. 25% of students received recognition in 4 or less courses which reflects a level of improvement is needed. These trends were emphasised at a recent year meeting. As Year 11 have now started the HSC course, producing their best efforts at all times is vital. 90% attendance standard is expected and will maximise learning potential. Active engagement in the classroom together with home study are also important senior student learning traits. Finally, maximum performance in assessment tasks will contribute greatly to gaining a quality HSC result. N warnings will continue to be issued for poor class and assessment tasks efforts.

In closing, what makes Bossley Park a great school?

Wonderful staff, fantastic students, supportive parents and community.

Deputy's Desk

Mr Hooke Deputy Principal - Years 9 & 12



Year 9

The Yearly Examination period begins in Week 3 28th of October and concludes at the end of Week 4 on the 8th of November. It is extremely important that students prepare effectively for these exams in order to achieve their best. Devising a study plan is an effective way to ensure that students are well prepared for the exams within all of their courses. Students should also practise answering questions similar to questions that will be asked in their exams. Practise makes perfect.

Year 9 have a Team Building Day on the 9th of December, where students will develop important skills that will assist them in working effectively with others and which will build their capacity to form productive and functional teams. These skills which enhance an individual's ability to work in a team are essential skills required by all employees in the workplaces of the future. In order to ensure your child can participate in this day and attain these skills we request that parents pay their child's school fees (wellbeing fee) and return the permission note as soon as possible.

Congratulations to Angus McCarthy who attended ACYP Children's Parliament to represent the area of Prospect. He had the opportunity to present to Members of Parliament about his chosen topic: Climate Change, and to inform them of the seriousness of this issue and to persuade them to devise and implement policy that will take effective action on climate change.

Year 12

The Year 12 Graduation was held at Club Marconi on Thursday 26th of September in the Colosseo Auditorium. It was the first year that Bossley had broken from tradition and held the Graduation in a venue other than our MPC. This move was designed to provide greater access and levels of comfort for

parents, relatives and friends of Year 12 students graduating from BPHS in 2019.

The evening was an amazing celebration of the achievements of Year 12 2019. More than one thousands guests joined the celebration and despite the larger venue we may need to consider an even larger venue next year. A huge thank you to Ms Sari, Ms Chehade, Mr Hollis, Ms O'Connor and Mr Nguyen for their outstanding organisation of this event. The HSC Exams are upon us and all of that hard work in classes and endless hours of study and preparation at home are about to pay off. Good luck to all of Year 12 in your exams and remember that balance and moderation are the keys to achieving your best. Make sure that you are sleeping enough, eating well and making time for yourself with regular breaks from studying. A quality preparation will alleviate stress and this will allow you to perform to your potential. Students who experience illness or misadventure during the exams must complete a NESA illness and misadventure application form, which can be accessed through my office. Students with an ATAR pattern of study can also apply for EAS consideration through the UAC website. If any student is unable to attend an exam it is important that they make contact with the school as soon as possible to inform us of this absence.

The Year 12 Formal is fast approaching and will be held at the La Montage in Lilyfield on the 20th of November from 6:30 – 11pm. This evening is sure to be memorable and a chance to celebrate with the HSC exams in the rear-view. However, remember that this event is still a school event and the high expectations that we have for students at BPHS are still expected at this event. An enormous thank you to Ms O'Connor and Mr Nguyen again for their outstanding organisation of this event.

Once again good luck in your HSC exams.

Wellbeing Update

Ms Sari-Daher **HT Wellbeing**



On Friday 20th September 2019, sixty Year 12 Plus Two students ventured to Luna Park. The day began at 8.30 am meeting at Fairfield Train station where students then embarked the trains and made the long journey to Milsons Point. The students arrived eagerly at Luna Park by 10.00 am and entered the rides at 10.30am. The first ride that caught the attention of Year 12 was the bumper cars, where many lined up awaiting the roller doors to open to show off their driving skills.

Overall, the weather held out and even though the clouds loomed, the day was filled with fun and a last chance for Year 12, Plus Two students to gather together and be rewarded for their contributions, behaviour and effort they have demonstrated at school over the past year.

Congratulations and farewell Year 12 of 2019. We wish you the best of luck with your HSC exams.









Focussing on Excellence & Success

How headspace can help



headspace is here to help

headspace centres across Australia provide face-to-face information, support and services to young people, aged 12 to 25 years, and their families and friends. headspace can help you with:



Mental health and wellbeing

headspace can help if you're experiencing significant changes in thoughts, feelings and/or behaviour. if you're being bullied, hurt or harassed or just not feeling yourself



General health headspace has

drug services If drugs and alcohol are starting to affect things that matter to health, wellbeing or friendships. to contraception, sexual health, drug or alcohol use,



Alcohol and other Work, school and study

headspace work and study specialists can help you if you're struggling at school, unsure what course you want to do, need a hand writing a resume, or if you are searching for a job.

Aged between 12-25 years?

headspace can help if you:

Are feeling down, stressed or can't stop worrying

Don't feel like yourself anymore

Can't deal with school/uni/ work or are finding it difficult

- Are feeling sick or worried about your health
- Have questions about, or want to cut down on alcoho or other drug use

Want to talk about sexuality, gender identity or relationships

Are having difficulties with your family or friends

Have sexual health issues or want information about contraception

Are being bullied, hurt or

Are worried about work or study or if you're having money trouble

Need someone to talk to

Getting support can help you to keep you on track at school, study or work, and in your personal and family ships. The sooner you get help the sooner things can begin to improve for you.

How headspace can help

Your first appointment at headspace

Appointments at a headspace centre can vary in length but are usually 50 minutes to an hour

It's okay to feel nervous about getting help for the first time. It can be helpful to bring along a family member, carer or friend to help support you.

You'll probably be asked a lot of questions on your first visit. This is to make sure that all the important issues are covered, and to help develop the best solution for you. As you get to know and trust your headspace worker you will probably find that talking about what is going on gets easier.

The appointment is your time. Feel free to ask questions about anything that's on your mind so the headspace worker can help you find the best

eheadspace

If you don't have a headspace centre nearby or you don't feel ready to visit a centre, eheadspace provides confidential online and telephone support 7 davs a week

To access eheadspace for the first time all you need to do is register at eheadspace.org.au or phone 1800 650 890. You will need to provide some information like your email address, postcode and age. eheadspace sessions are generally for 30-60 minutes.



If you are receiving support from a headspace centre or another service. headspace may ask your permission to speak with vour worker to ensure eheadspace is providing the best possible support.

Getting the help that's right for you

When you talk with a headspace worker it's important that you feel safe and comfortable – **headspace** will do its best to make sure this happens

If you do not think your headspace visits are working out it is important to ask yourself why. There could be a few reasons: it might be because it is hard to talk

about what's on your mind, or it might be that you and your worker are not the right fit. Either way, don't give up. Talk to your worker about how you are feeling and together you can find a way forward.



act sheets are for general information only. They are not intended to be and should not be relied on as a substitute for specific medical or health advice. While every effort is taken to nsure the information is accurate, headspace makes no representations and gives no warranties that this information is correct, current, complete, reliable or suitable for any purpose Ve disclaim all responsibility and liability for any direct or indirect loss, damage, cost or expense whatsoever in the use of or reliance upon this information





Bossley Park High School

youth friendly general practitioners (GPs) and health nurses who can help with any physical health issues. A GP can also help

you, like your mental headspace can help.

Online and telephone support is also available through eheadspace. (There is more information about eheadspace over the page.)

you with issues related

relationship problems or

feeling down or upset.

headspace centres

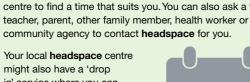
headspace centres help you to access the type of health worker you need. Thi could be a GP, psychologist social worker, alcohol and vocational worker or youth worker. A number of centre also have Aboriginal and Torres Strait Islander health workers, welfare workers and family therapists.

You can visit a headspace centre no matter how big o small your problem may see

It's as simple as phoning or emailing your nearest headspace centre to find a time that suits you. You can also ask a friend, Your local headspace centre might also have a 'drop in' service where you can

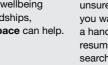
at headspace

visit anytime in their visiting hours. Call your nearest headspace centre or check out headspace.org.au to find out more about what services are available.





Making an appointment





solution, or find the information that you need. It also helps the headspace worker to understand what is worrying you



Confidentiality

When vou talk to a

headspace worker what you say is kept confidential. This means nothing you say can be passed on to anyone else without your permission however there are a few exceptions.

If **headspace** is seriously worried about your safety or the safety of someone else they must - by law - try to keep evervone safe.

This means they might have to share their concerns with someone else. Talk to your headspace worker about confidentiality to ensure you understand how it works.



Services at a headspace centre are either free, or have a low cost. You can ask if there is a cost when you make your appointment.

Some services require you to have a referral from a doctor. But don't worry; headspace can help you with this as well.

All eheadspace services are free but if you call from your mobile your usual call charges apply.



f you need immediate medical attention. call 000 or call Lifeline on 13 11 14 or Kids Helpline on 1800 55 1800.

For more information, to find your nearest headspace centre or for online and telephone support, visit headspace.org.au

Wellbeing Update



2019

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Bossley Park High School Canteen Menu Term 1 &

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Served Daily – Recess 2 & Lunch

LUNCH MENU

\checkmark			
0	2	DAILY SPECIALS- On Rota	ting Basis
	0	Chicken Burger (Monday A)	\$ 5.00 E
Prices subjected to channe	2 2	Chicken Schnitzel Burger (Mon B	\$ 5.00 E
7 t	ž	Beef & Cheese Quesadilla (Tues)	\$ 5.00 E
et c	ž	Pizza BBQ Chicken (Wed A)	\$ 5.00 E
qiq		Pizza meat lovers (Wed B)	\$ 5.00 E
		Pulled Pork Roll (Thurs A)	\$ 5.00 E
ġ		Cheese Burgers (Thurs B)	\$ 5.00 E
> ¹			
		Toasted Turkish Roll (Friday) see flavour of the week.	\$ 5.00 E
0			
5			
ESH FOOD FACTORY		SANDWICHES- Rolls Ex	tra 50c
Ľ	5	*Vegemite / Jam / Honey	\$ 2.50 E
		*Cheese	\$ 3.00 E
O		*Tuna & Tomato	\$ 3.50 E
		Cheese & Tomato	\$ 3.50 E
	<u>.</u>	*Ham & Cheese	\$ 3.50 E
5	5	Ham, Cheese & Tomato	\$ 4.00 E
U		*Ham, Cheese & Pineapple	\$ 4.00 E
	5	Egg, Lettuce & Mayo	\$ 4.00 E
	000	Chicken Lettuce & Mayo	\$ 4.00 E
_ ;;		Salad	\$ 4.00 E
ц Ц	ğ	*Ham & Salad / *Cheese &	\$ 4.50 E
2	2	Salad	
	3	Each Additional Filling 5	Oc
ţ	5	Wraps are also available via FA	ST PASS
FRESH Fast Pass order ONLY			
	a	FRESH COLD FOOD OP	TIONS
	ξ	Chicken Ceaser Salad	\$ 6.00 E
*		*Mexican Salad	\$ 6.00 E
		*Thai Beef Salad	\$ 6.00 E
		*Nacho Salad	\$ 6.00 E
WE'RE A		*DIY Salad	\$ 6.00 E
LTHY SCHOOL		Vegetarian Frittata & Salad	\$ 6.00 E
2019		*Freshly made Pasta Salad	\$ 3.50 E
	1	Sushi- Chicken Teriyaki / Tuna	\$ 3.60 E
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	HOT FOOD		
	Pasta Napolitana	\$ 3.50 E	 w
	Lasagna	\$ 4.00 E	SI
	Cheese Tortellini	\$ 4.00 E	P
	*Fried Rice	\$ 3.50 E	P
	Falafel Plate	\$ 4.50 E	M C
	Jacket Potato	\$ 4.50 E	
	Meat Ball Sub	\$ 4.50 E	Ċ
	Toasted Cheese Wrap	\$ 3.00 E	10
	Toasted Ham & Cheese Wrap	\$ 3.50 E	A
北	Chicken Skewers	\$ 2.80 E	
	Hot Corn Cup	\$ 2.50 E	v
11	*Steak Sandwich	\$ 4.80 E	в
Ш	*Veggie Burger	\$ 4.50	W N
Ш	Meat Pie	\$ 4.50	SI P
Ш	Sausage Roll	\$ 3.00	
Ш	Pizza Rounda	\$ 3.00	
Ш	*Chilli Chicken Kebab	\$ 4.50	
Ш	Garlic Bread	\$ 1.00 E	
Ш	*2 min noodles	\$ 3.00	
Ш	Sauce	\$ 0.30 E	
lŀ			
Ш	FROZEN		
Ш	Frozen Juice Cups	\$ 1.00 E	Veg
Ш	Frozen Choc Custard	\$ 1.50 E	Wat
	Frozen Yoghurt	\$ 2.00	Frui
ī.	Frozen Juice Shots	\$ 0.30 E	Gra
	Frozen Pineapple Rings	\$ 0.50 E	Mar
Ш	Frozen Orange Wedges	\$ 0.80 E	Low Mue

	DRINKS	
\$ 3.50 E	Water	\$ 1.60 E
\$ 4.00 E	Sparkling Water	\$ 2.80 E
\$ 4.00 E	Plain Milk 300ml	\$ 2.00 E
\$ 3.50 E	Plain milk 600ml	\$ 2.50 E
\$ 4.50 E	Milk 300ml S/Berry, Choc, Coffee	\$ 2.50 E
\$ 4.50 E	Milk 500ml S/Berry,	\$ 3.50 E
\$ 4.50 E	Choc, Coffee	
\$ 3.00 E	100% Juice – Orange / Apple /	\$ 2.50 E
\$ 3.50 E	Apple B/Currant	
\$ 2.80 E	GLEE - Up & Go - choc /	\$ 2.50 E \$ 2.50 E
\$ 2.50 E	Vanilla	\$ 2.50 E
\$ 4.80 E	Blizzard Slurpee	\$2.80 E
\$ 4.50	Waterfords Sparkling water –	\$3.00
\$ 4.50	Passionfruit	
\$ 3.00		
\$ 3.00	FDFS	
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\$ 4.50 \$ 1.00 E \$ 3.00 \$ 0.30 E	FOC FACTO SNACKS	
\$ 4.50 \$ 1.00 E \$ 3.00 \$ 0.30 E \$ 1.00 E	FCC FACTO SNACKS Veggie Snack Box	€ € \$4.00 E
\$ 4.50 \$ 1.00 E \$ 3.00 \$ 0.30 E \$ 1.00 E \$ 1.00 E \$ 1.50 E	FOO FACTO SNACKS Veggie Snack Box Vatermelon Cups	\$ 4.00 E \$ 2.30 E
\$ 4.50 \$ 1.00 E \$ 3.00 \$ 0.30 E \$ 1.00 E \$ 1.00 E \$ 1.50 E \$ 1.50 E \$ 2.00	FOO FACTO SNACKS Veggie Snack Box Watermelon Cups Fruit Salad & Yoghurt	\$ 4.00 E \$ 2.30 E \$ 4.30 E
\$ 4.50 \$ 1.00 E \$ 3.00 \$ 0.30 E \$ 1.00 E \$ 1.00 E \$ 1.50 E \$ 2.00 \$ 0.30 E	FOO FACTO SNACKS Veggie Snack Box Veggie Snack Box Watermelon Cups Fruit Salad & Yoghurt Grape Cups	\$ 4.00 E \$ 2.30 E \$ 4.30 E \$ 3.00 E
\$ 4.50 \$ 1.00 E \$ 3.00 \$ 0.30 E \$ 1.00 E \$ 1.00 E \$ 1.50 E \$ 2.00 \$ 0.30 E \$ 0.50 E \$ 0.50 E \$ 0.80 E \$ 2.80 E	FOO FACTO SNACKS Veggie Snack Box Veggie Snack Box Vatermelon Cups Fruit Salad & Voghurt Grape Cups Mango Chia Pudding Low Fat Voghurt &	\$ 4.00 E \$ 2.30 E \$ 4.30 E \$ 3.50 E \$ 3.50 E
\$ 4.50 \$ 1.00 E \$ 3.00 \$ 0.30 E \$ 1.00 E \$ 1.00 E \$ 1.50 E \$ 2.00 \$ 0.30 E \$ 0.30 E \$ 0.30 E \$ 0.30 E	FOO FACTO SNACKS Veggie Snack Box Veggie Snack Box Watermelon Cups Fruit Salad & Yoghurt Grape Cups Mango Chia Pudding Low Fat Yoghurt & Muesli cups	\$ 4.00 E \$ 4.00 E \$ 4.30 E \$ 4.30 E \$ 3.00 E \$ 3.50 E \$ 3.50 E \$ 3.00 E

BREAKFAST

Served Daily- from 8:15am & Recess 1

HOT BREAKFAST FOOD		
Sausage & Egg Muffin	\$ 4.00 E	
Manoosh	\$ 3.00 E	
Ham Egg & Cheese Baked Wrap	\$ 4.00 E	
Raisin Toast	\$ 2.50 E	
Pikelets	\$ 3.00 E	
Cinnamon French Toast	\$ 4.00 E	
Hash Brown	\$ 1.00	
Toasted Cheese Wrap / Sandwhich	\$ 3.00 E	
Toasted Ham & Cheese Wrap / Sandwhich	\$ 3.50 E	
Ham & Cheese Roll	\$ 2.30 E	
Toast – Vegemite or jam	\$ 2.00 E	

FROZEN		
Juiceies – 4 Flavours – Tropical / Wildberry / Lemonade / Orange	\$ 1.50 E	
Frozen Juice Cups	\$ 1.00 E	
Frozen Choc Custard	\$ 1.50 E	
Frozen Yoghurt	\$ 2.00	
Frozen Juice Shots	\$ 0.30 E	
Frozen Pineapple Rings	\$ 0.50 E	
Frozen Orange Wedges	\$ 0.80 E	
Blizzard Slurpee	\$ 2.80 E	
Snap Stix – Sweet P/apple or Sour Grape	\$ 1.50 E	
	4	
FRESH		
FOOD		

Water	\$ 1.60 E
Sparkling Water	\$ 2.80 E
Plain Milk 300ml	\$ 2.00 E
Plain milk 600ml	\$ 2.50 E
Milk 300ml S/Berry, Choc, Coffee	\$ 2.50 E
Milk 500ml S/Berry, Choc, Coffee	\$ 3.50 E
100% Juice – Orange / Apple / Apple B/Currant	\$ 2.50 E
GLEE – (4 x flavours)	\$ 2.50 E
Up & Go – choc / Vanilla	\$ 2.50 E
Blizzard Slurpee	\$2.80 E
Waterfords Sparkling water – Passionfruit	\$3.00
Hot Chocolate	\$ 2.50 E
\$MOOTHIE OF THE WEEK	\$ 3.00 E



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Bossley Park High School



Blizzard Slurpee

Snap Stix – sweet P/apple or Sour Grape

CANTEEN HOURS

Breakfast – 8:15 am

Recess 1 - 10:10 to 10:25 am

Recess 2 - 11.45 - 12.00pm

Lunch 1 – 1:15 to 1:45 pm

Cinnamon Crisps

Savoury Crisps

Red Rock Deli Chips

\$ 1.30 E

\$ 1.30 E

\$ 1.30



Cereal Cups – Weetbix / Milo / sultana bran / cornflakes	\$ 1.50 E
Cereal Cup with milk (as above)	\$ 2.00 E
Mango Chia Pudding	\$ 3.50 E
Apple Dip	\$ 3.30 E
Watermelon Cup	\$ 2.30 E
Grape Cup	\$ 3.00 E
Fruit Salad & Yoghurt	\$ 4.30 E
Low Fat Yoghurt \$ Muesli Cup	\$3.00 E
Custard Cup	\$ 1.50 E
Fresh Sandwiches / Rolls Selections	

CANTEEN HOURS Breakfast – 8:15 am Recess 1 - 10:10 to 10:25 am Recess 2 - 11.45 - 12.00pm Lunch 1 – 1:15 to 1:45 pm







VISUAL ARTS NEWS

by Ms Cassin (HT VA)

HSC Studio Intensive at National Art School

Year 11 Eisis Sacdalan has been attending the HSC Intensive Studio Practice course at the National Art School. This equates to an extra unit of Visual Arts on her HSC in 2020. The intensive studio practice program required her to attend one week during the July and October holidays. She chose to work in the area of ceramics to complete a highly refined body of work, demonstrating sophisticated use of hand building techniques and interesting surface treatments.

Eisis has been part of the gifted and talented Visual Arts program for many years, showing an outstanding work ethic and high level of commitment in all of her artmaking. As a result, she was nominated to take part in this course at NAS, to provide her with the opportunity to further extend her artmaking skills.



Eisis and Ms Cassin, HT VA



Eisis's ceramic sculpture

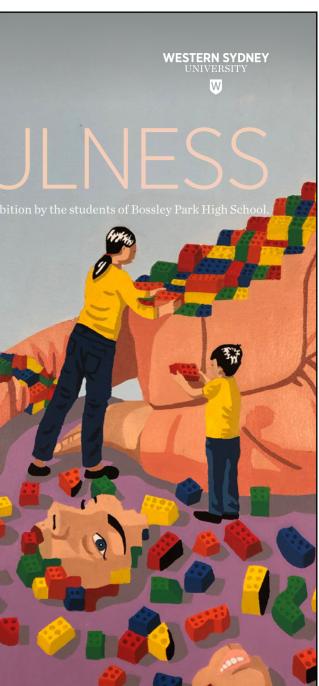
The Visual Arts faculty invite you to attend Artfullness, an exhibition showcasing the student works at Bossley Park HS. Opening night is Friday 6pm - 25th October at UWS Bankstown.

Western Sydney University cordially invites you to attend the opening night of ARTHULNE









SPORT NEWS

TFP INDUCTION DAY

The Talented Football Program staff held an Induction Day for next years' intake of TFP students. The morning session was held in the classroom and structured around team-building and key attributes of being a leader and team player. We are strong on creating a positive learning environment both on and off the park and the collaboration on show has hopefully set a great foundation for their start at Bossley in 2020.

The afternoon session was on the park where the players were put through a tactical session promoting the team work that had been discussed in the morning and recognising both verbal and non-verbal communication. A great day to end the term and an enjoyable day for all the staff involved.







Year 7 History Update

Our Year 7 historians have concluded their study of Vikings through a successful Medieval Day. Students participated in an interactive presentation on Viking weapons and warfare; following this, prizes were awarded for the best Viking costume creations, with Mr Navarra and Ms Dundovic leading by example as the best-dressed teachers.

Medieval-themed workshops were also undertaken. These included leather-making, stained-glass windows, shield design, Viking trivia and jousting. 7G students undertook investigative research into their heritage and designed a coat of arms for their family name. Some students were surprised to learn that their surname already had a coat of arms!

As an extension of their study, 7G students were further challenged to create an ICT magazine about the Vikings. Magazines featured news about the latest Viking raids, new technologies and weapons, and even crosswords to challenge readers! This project successfully combined student interests in History with other disciplines such as creative writing and technology. In term 4, Year 7 students will be learning about the Black Plague as a continuation of their Medieval History study.

Commemorating Our Anzac History

On Wednesday 4th September, Bossley Park High School Captains and Vice-Captains attended Smithfield RSL to Commemorate the World War Il Battle for Australia. Battle for Australia Day commemorates those who served on the home front in Australia in World War II, as well as those who fought on land, air and sea in battles in the Coral Sea and New Guinea.

This service commemorated an extremely symbolic era in Australia's wartime history, as during World War II Australia was under direct attack from the Imperial Japanese Army. Students who attended this service lay a commemorative wreath on behalf of the school.





HISTORY NEWS



by Daniella, Lara, Emily and Georgia (7G)



by Alicia Tir (7G)



Dat Do, Ms Kuric, MP Hugh McDermott & Rane Moffatt

IGUAGES NEWS

by Ms Perez





Our Year 7 Spanish students have just completed a Unit on 'Bringing People Together'. What brings people together all around the world? Food, of course! Students researched, designed and created their own Spanish-language menus, specialising in one region from the Spanish-speaking world. Students presented menus for Mexican food trucks, high-end Spanish degustation restaurants specialising in seafood, dessert bars overflowing with dulce de leche, Peruvian kitchens with a house specialty of guinea pig, and everything in between!

Students then presented role-plays in Spanish. Using the menus they had designed, each group delivered a short performance, arranging to meet and then ordering food in a restaurant. This enabled students to demonstrate their command of present tense verbs to express preferences, moving from memorised words and phrases to building sentences in an authentic context.



Cirque Du Soleil excursion

By Ms Melville



During the most recent school holidays, ten lucky Before the show, students were provided with an Year 9 students were given the opportunity to see extravagant dinner at Fratelli Fresh - full of pasta, pizza the performance "Kurios- Cabinet of Curiosities" at the and dessert before heading into the Big Top for the Entertainment Ouarter in Moore Park. Kurios is about show. an ambitious inventor who defies the laws of time, space and dimension in order to reinvent everything Thank you so much to Ampha, Nick and the team at around him. Suddenly, the visible becomes invisible, South West Connect for obtaining these tickets and perspectives are transformed, and the world is literally inviting our students along. It was such an amazing turned upside down. experience and something they won't forget.

This amazing opportunity was provided by the team at South West Connect and Cirgue du Soleil. The Year 9 girls travelled to Moore Park with 30 primary school students from Bonnyrigg Public School and Warwick Farm Public School. When they arrived at Moore Park, students took a walking tour of Moore Park to see the potential job opportunities available in the area of entertainment, sports and creative arts. We stopped at the Sydney Cricket Ground for some ice-breaker activities with our primary school buddies before moving to just outside the Big Top. Here, students participated in a "speeddating" type activity where they provided the primary school students with advice and assistance about high school. They shared their experiences and eased the concerns of their new friends.







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